

A Unique Hospitality Ministry in a Newfoundland Church: What's Really Happening?

By Geoff Peddle and Jolene Peters

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Abstract

In 2010 a "Wednesday Cafe" was announced at the Parish of the Good Shepherd in Mount Pearl, Newfoundland. It was to run every Wednesday from 10 a.m. to 2 p.m. for the months of June, July and August. Deliberately intended to be a ministry of hospitality, it was from the beginning totally free for all who came and intended to operate with volunteers and entirely on donations. In addition to tea, coffee and sweets being available at 10 a.m., a simple lunch was served at noon. Beginning with a half dozen volunteers, it hosted six guests on its first day. However, the number of enthusiastic volunteers and guests grew every week that summer until by the end of August there were over 40 volunteers (servers and donors) and an average of 80 guests every week reflecting the spectrum of the wider community from young parents to seniors, working persons to those on social assistance. The growth was such that the volunteers decided to keep the café in operation until the end of the year, only closing it for two months around Christmas time. Notably, by the second year the leadership of the group passed to a team of four coordinators whose gentle guidance may be described more as influence than control, consulting the members frequently on all matters. A rotating, four-week menu was also created in 2011.

In spite of offering a free lunch to all who came, the café generated a profit of over \$5000 the first year. By the end of the second year (2011) the café had attracted over 60 volunteers from the Parish of the Good Shepherd and beyond and averaged well over a hundred guests every week, also from the Parish of the Good Shepherd and beyond and generating a profit of over \$10,000. That year the provincial government awarded a grant of \$40,000 to the church to enable the refurbishment of the kitchen so that the ministry could better serve members of the community and those receiving assistance from government agencies. In 2011 the rector also began an annual gathering of the volunteers for a quiet morning of prayer and reflection ending with a shared meal hosted by him and the parish to affirm the volunteers and to encourage them to reflect upon the nature of the ministry. Growth in the café has maintained itself into 2012 to the extent that frequently there is no available seating for all who come and the parish is discussing ways to expand its physical space for this ministry. It is conservatively estimated by the parish that over 4000 free meals will be given to the community through the Wednesday Café in 2012 with a value of over \$40,000.

Research Question

The research question to be investigated relates to the reasons behind such dramatic and unexpected success for what was initially planned to be a free and voluntary café. What in the nature of this particular community attracts and energizes people, and is there a distinctive quality to the experience that generates the loyalty to the café of both volunteer and guest? While both groups are motivated by social reasons and receive a social benefit from their participation, the hypothesis to be tested is whether the volunteers are additionally motivated by their faith to a degree the guests are not and if their particular orientation of faith may be responsible for the success of the ministry.

Methodology

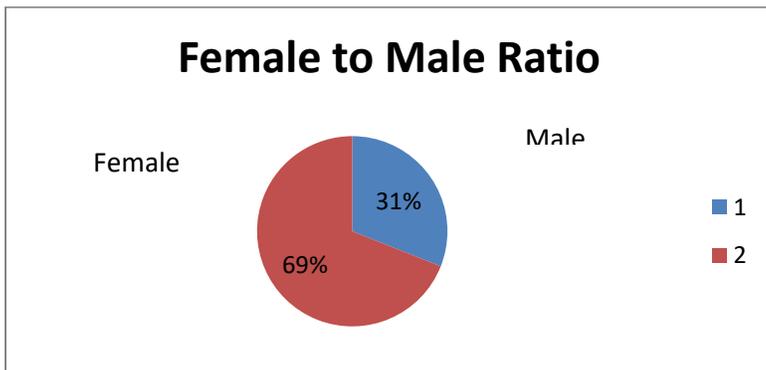
The methodology employed in this investigation was to distribute a survey to each of the two distinct groups participating in the hospitality ministry: the volunteers and the guests who attend. Seventy guests and 27 volunteers returned the survey. Upon completion, the surveys were analyzed based upon which group the respondent belonged to. Through a series of questions designed to explore what it is that appeals to them in the ministry and what it is they get out of it, the survey sought to access their individual experience of the café as well as their motivations in being part of this ministry. Following the completion of the surveys, focus group interviews were held with both volunteers and guests to further investigate their experience of the ministry.

The Survey¹

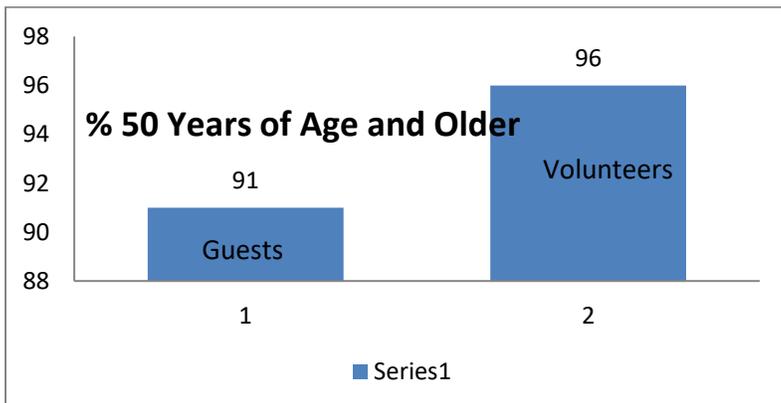
Part One: Demographic Profile of Respondents

Part One of the survey was concerned with finding out who the respondents were and revealed the following:

Sixty nine percent of the guests were female and 31% were male. Ninety six percent of the volunteers who completed the survey were female, making the café almost exclusively a female ministry. The men who do assist are generally tasked with setting up tables beforehand and dismantling tables after the meal.

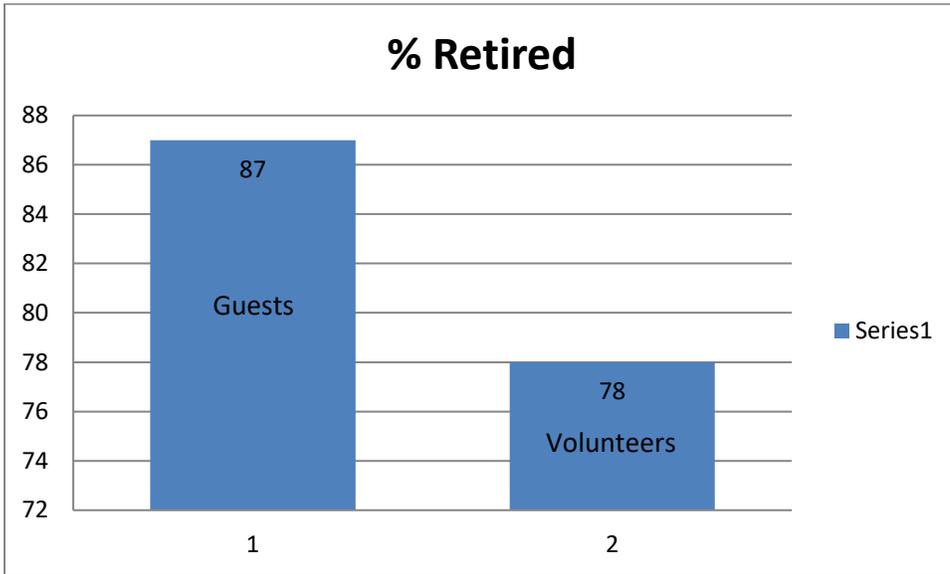


Ninety one percent of the guests were 50 or older, 59% were 70 or older
Ninety six percent of the volunteers were 50 or older, 33% were 70 or older

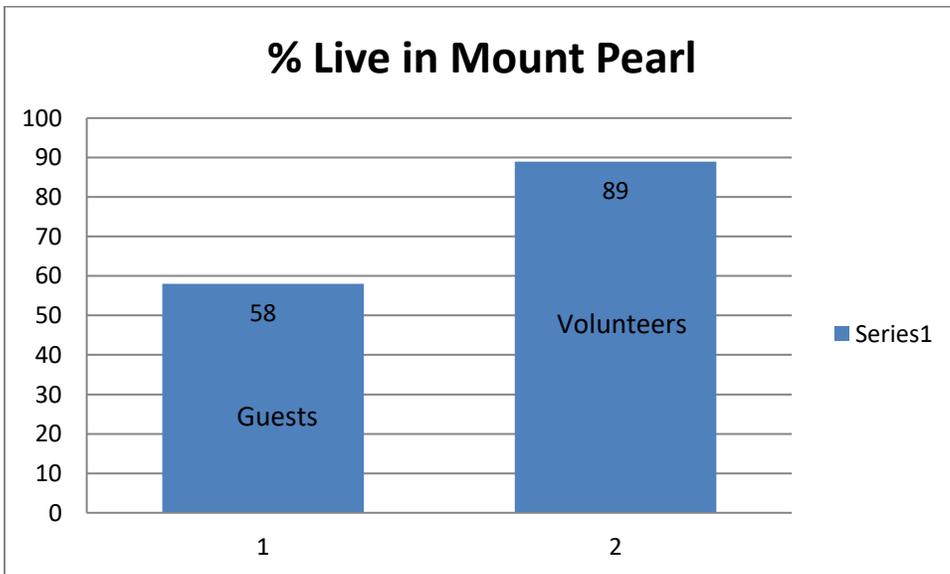


¹ The Survey is attached as Appendix 1.

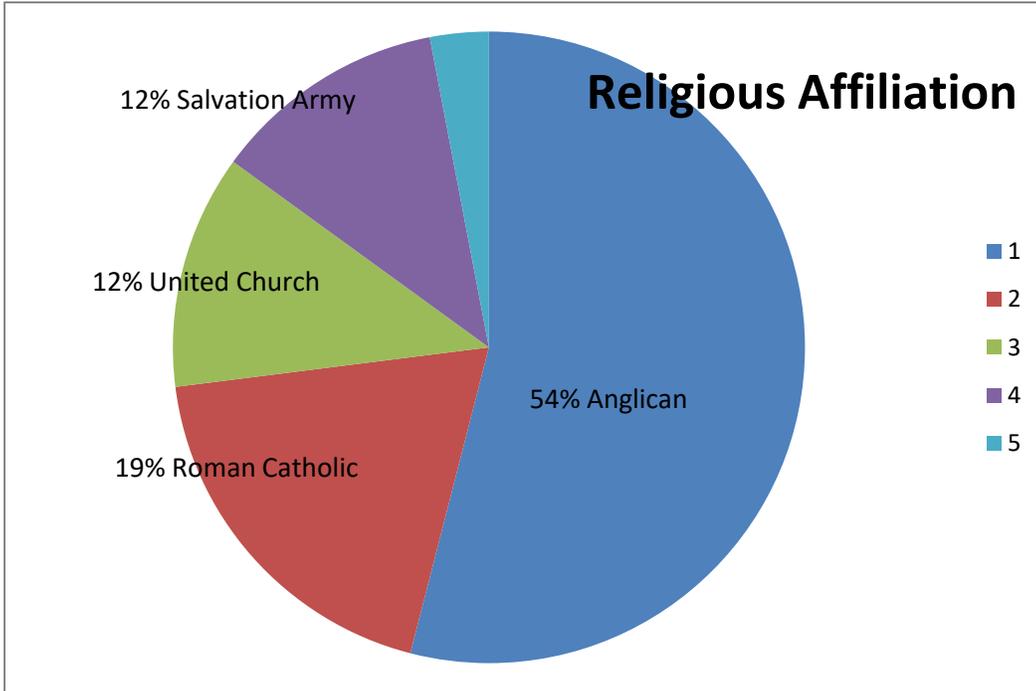
Eighty seven percent of the guests were retired
Seventy eight percent of the volunteers were retired



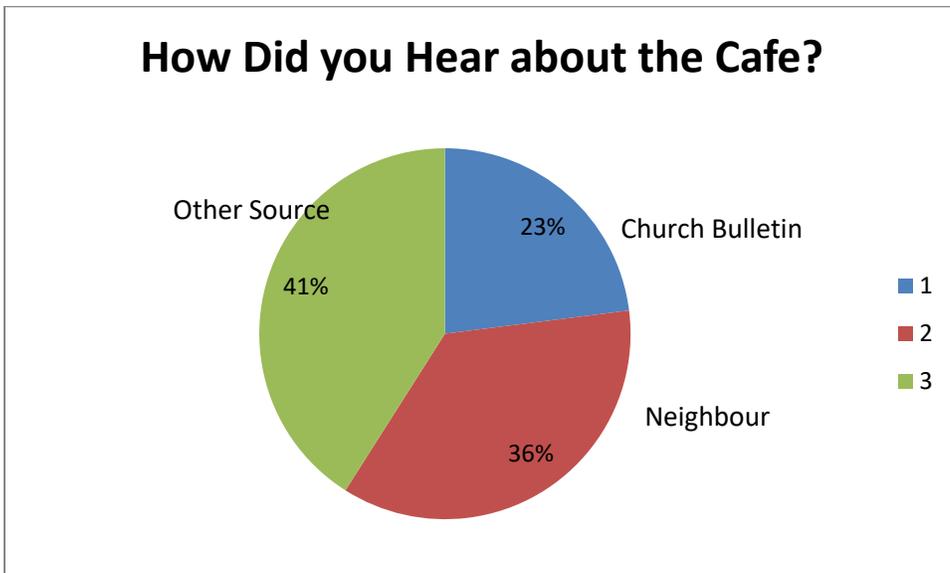
Fifty eight percent of the guests live in Mount Pearl
Eighty nine percent of the volunteers live in Mount Pearl



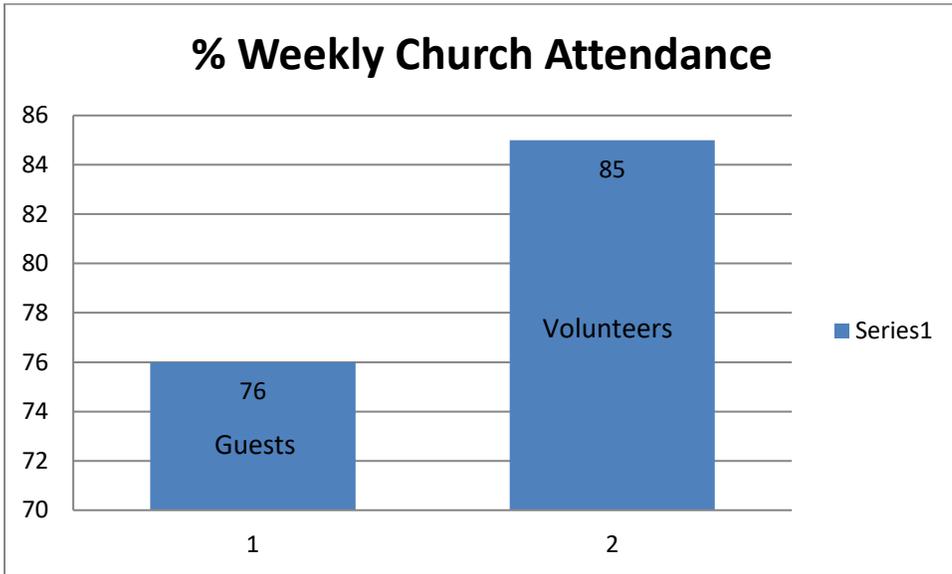
Fifty four percent of the guests were Anglican, 19% were Roman Catholic, 12% were United Church, 12% were Salvation Army and 3% Other. One hundred percent of the volunteers completing the survey were Anglican.



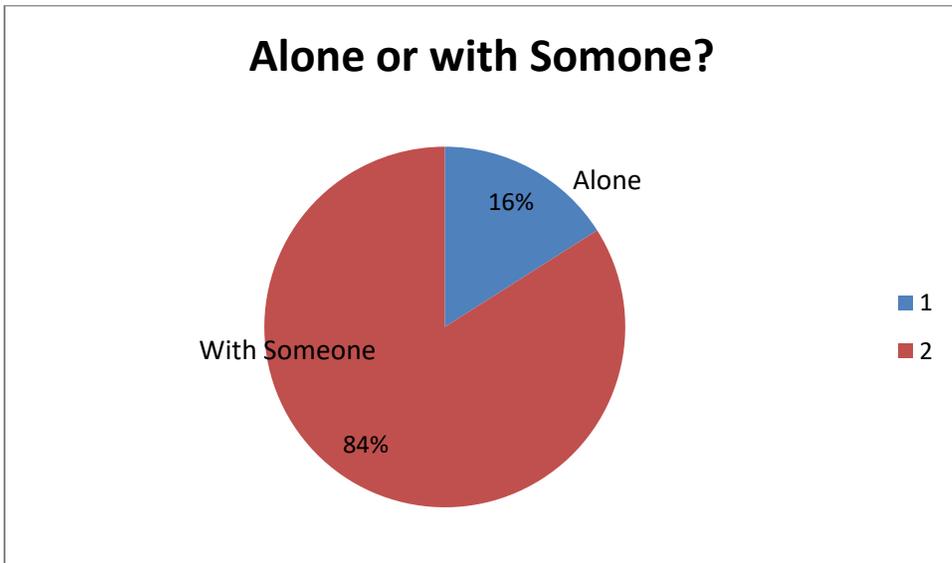
Twenty three percent of the guests heard about the cafe through a church bulletin, 36% from a neighbour, and 41% from another source



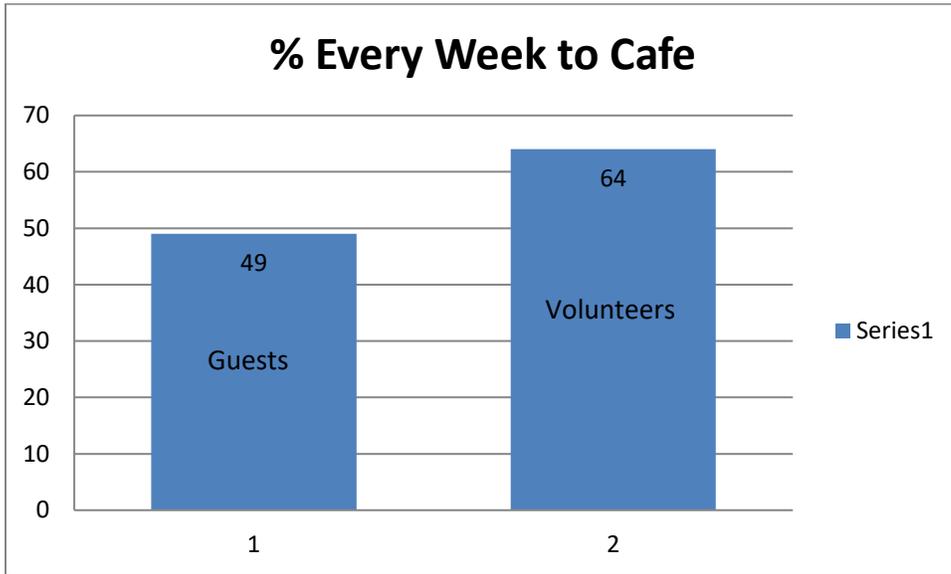
Seventy six percent of the guests attend church weekly
Eighty five percent of the volunteers attend church weekly



Sixteen percent of the guests come alone and 84% come with someone



Forty nine percent of the guests come every week and 31% several times per month (the rest were first timers) Sixty four percent of the volunteers come every week and 36% several times per month



Part Two: Social and Spiritual Outcomes from the Café Ministry

After obtaining demographic information from the respondents, the survey then contained two additional parts, Part Two and Part Three. Part Two was designed to explore the outcomes of involvement in the café ministry for both the volunteers and the guests. Part Three was designed to explore the motivations behind their involvement. Part Two was not found to reveal great differences between the volunteers and guests but Part Three did show that in terms of their motivations for being there, substantial differences could be measured.

Part Two also contained 20 questions derived from *Fisher's Measure of Spiritual Health*. Analysis of the responses by both volunteers and guests to those questions from the *Fisher Questionnaire* found similarity between the two groups, generally less than five percentage points. However, because the *Fisher Questionnaire* did not specifically relate to the café experience of the volunteers and guests but was directed to their life in general (“**In your normal day-to-day life how much do you experience the following?**”) that particular component of the survey is not considered in this article.

Part Two of the survey began with the following question of the volunteers and guests of the café: “**Through your participation in the Wednesday Cafe how much do you experience the following?**” and gave various options rated from 1 (Low) to 5 (High). In the analysis, the questions were divided into two groups: Social Benefit and Spiritual Benefit and did not reveal large differences between the two groups if both “Moderately High” and “High” responses were combined. However, when only “High” responses were considered it was seen that under Social Benefit the volunteers, a tightly bonded group among themselves, rated “Social interaction,” “Sense of community,” and “Welcoming environment” higher than the guests. Under Spiritual Benefit, when only “High” responses were considered, the volunteers endorsed “Joy in life,” “Closeness to God,” “Sense of fulfillment,” and “Personal connection with God” more strongly than the guests, implying spiritual benefits to volunteering. The outcomes are as follows:

Social Benefit

Love of other people (Moderately High or High): 96% of volunteers and 90% of guests

Respect for others (Moderately High or High): 100% of volunteers and 97% of guests

Kindness toward others (Moderately High or High): 100% of volunteers and 97% of guests

Social interaction (Moderately High or High): 92% of volunteers and 89% of guests

Social interaction (High): 81% of volunteers and 64% of guests

Sense of community (Moderately High or High): 92% of volunteers and 94% of guests

Sense of community (High): 77% of volunteers and 65% of guests

Welcoming environment (Moderately High or High): 95% of volunteers and 96% of guests

Welcoming environment (High): 92% of volunteers and 81% of guests

Spiritual Benefit

Meaning in life (Moderately High or High): 96% of volunteers and 94% of guests

Inner peace (Moderately High or High): 92% of volunteers and 76% of guests

Joy in life (Moderately High or High): 92% of volunteers and 92% of guests

Joy in life (High): 66% of volunteers and 53% of guests

Closeness to God (Moderately High or High): 96% of volunteers and 84% of guests

Closeness to God (High): 59% of volunteers and 52% of guests

Sense of fulfillment (Moderately High or High): 96% of volunteers and 89% of guests

Sense of fulfillment (High): 74% of volunteers and 52% of guests

Personal connection with God (Moderately High or High): 85% of volunteers and 86% of guests

Personal connection with God (High): 63% of volunteers and 47% of guests

The survey then asked the following question of the volunteers and guests of the café: **“How important do you think each of the following is to the Cafe Ministry?”** and gave the same options as the previous section rated from 1 (Low) to 5 (High). The answers were divided into two groupings, Socially Important and Spiritually Important, and did not reveal any great differences between the two groups when the “Moderately High” and “High” responses were combined. However, when only the “High” responses were considered, under the Socially Important, “Hospitality” was more strongly endorsed by the volunteers. When only the “High” responses were considered under the Spiritually Important, the volunteers rated the importance of “Sharing in Eucharist beforehand” considerably lower than the guests. A possible explanation for this is that the volunteers do not always have the opportunity to share in that Eucharist which begins at 11 a.m. (the Café begins serving at 12 noon) because of their commitments in the kitchen. The outcomes are as follows:

Socially Important

Community (Moderately High or High): 100% of volunteers and 98% of guests

Sharing (Moderately High or High): 100% of volunteers and 97% of guests

Social interaction (Moderately High or High): 100% of volunteers and 97% of guests

Respect of others (Moderately High or High): 100% of volunteers and 97% of guests

Love of others (Moderately High or High): 100% of volunteers and 97% of guests

Team effort (Moderately High or High): 96% of volunteers and 98% of guests

Hospitality (Moderately High or High): 100% of volunteers and 95% of guests

Hospitality (High): 85% of volunteers and 72% of guests

Commitment (Moderately High or High): 100% of volunteers and 93% of guests

Commitment (High): 77% of volunteers and 69% of guests

Spiritually Important

Spirituality (Moderately High or High): 89% of volunteers and 82% of guests

Spirituality (High): 67% of volunteers and 55% of guests

Prayer life (Moderately High or High): 82% of volunteers and 81% of guests

Sharing in Eucharist beforehand (Moderately High or High): 71% of volunteers and 62% of guests

Sharing in Eucharist beforehand (High): 29% of volunteers and 50% of guests

Service to God (Moderately High or High): 100% of volunteers and 88% of guests

Part Three: Motivations for Involvement in the Café Ministry

Part Three addressed the motivations each of the two groups had for their attendance and participation in the Wednesday Café and it was here that differences between the two of 10% or more were often seen.² There were two sections to Part Three and the first section asked: “**What is your reason for being part of the cafe?**” and possible answers ranged from **Disagree Strongly** to **Disagree** to **Not Certain** to **Agree** to **Agree Strongly**.

² Asterisks (*) indicate differences greater than 10% between the volunteers and guests.

To get a good meal:*

24% of volunteers agreed or agreed strongly while 76% of guests agreed or agreed strongly
48% of volunteers disagreed strongly while 3% of guests disagreed strongly

“To get a good meal” was clearly a motivator for the guests in a way that it was not for the volunteers with a three to one endorsement of the meal (“Agree” or “Agree Strongly”) by the guests over the volunteers. Significantly, 48% of volunteers disagreed strongly with the statement compared to only 3% of guests. This was the strongest disagreement between the two groups.

To enjoy the atmosphere:

92% of volunteers agreed or agreed strongly while 97% of guests agreed or agreed strongly.

“To enjoy the atmosphere” received comparable endorsement by both guests and volunteers with the guests showing a 5% stronger endorsement (“Agree” or “Agree Strongly”).

To serve others in need:*

100% of volunteers agreed or agreed strongly while 80% of guests agreed or agreed strongly 20% of guests were uncertain

“To serve others in need” was endorsed 100% by volunteers while endorsed 80% by guests with 20% not certain. This is not surprising as the question is directed more at the volunteers for whom service is at the heart of what they do every week than the guests.

To serve God:*

97% of volunteers agreed or agreed strongly while 76% of guests agreed or agreed strongly
67% of volunteers agreed strongly while 46% of guests agreed strongly

Similar to the previous question, “To serve God” generated almost unanimous endorsement from the volunteers at 97% agreeing or agreeing strongly, implying a linkage in the minds of the volunteers between their hospitality ministry and their service to God. Only 76% of guests endorsed the question to the same degree.

Because friends and family come:*

56% of volunteers agreed or agreed strongly while 90% of guests agreed or agreed strongly
12% of volunteers agreed strongly while 48% of guests agreed strongly

“Because friends and family come” was much more strongly endorsed by the guests than the volunteers at a rate of 90% compared to 56% agreeing or agreeing strongly (12% of volunteers agreed strongly while 48% of guests agreed strongly). Attending because of the social interaction with family and friends was a stronger motivator for the guests than the volunteers.

The second section of Part Three continued with the following question: “**How have you felt about volunteering or being a guest in this cafe ministry?**” Here, differences greater than 10% between the two groups were also common. The reasons were both social and spiritual.

Social Reasons

I want to come here as part of a weekly outing:*

Sixty five percent of volunteers agreed or agreed strongly while 85% of guests agreed or agreed strongly.

Guests were 20 percentage points more likely to endorse the café as part of a social outing than the volunteers, indicating social reasons to be more important to them than to the volunteers.

I come here for the social interaction:*

Eighty percent of volunteers agreed or agreed strongly while 97% of guests agreed or agreed strongly.

Guests were 17 percentage points more likely to endorse the café as part of a social outing than the volunteers, indicating social reasons to be more important to them than to the volunteers.

Coming here has given me a sense of community:

Ninety six percent of volunteers agreed or agreed strongly while 95% of guests agreed or agreed strongly.

The absence of any great difference in perception between the two groups on the question of their sense of community is consistent with the findings from Part Two that considered the outcomes of the experience for both.

Coming here has strengthened my relationship to others:

Ninety six percent of volunteers agreed or agreed strongly while 90% of guests agreed or agreed strongly.

Once more, a difference of six percentage points is not great in light of the other, greater, differences this section revealed and was consistent with Part Two.

Coming here has given me a deeper appreciation and understanding of others:

Ninety two percent of volunteers agreed or agreed strongly while 86% of guests agreed or agreed strongly.

A difference of six percentage points is not great in light of other differences this section revealed and was consistent with Part Two.

Spiritual Reasons

Coming here has made me want to attend church more often:

Sixty three percent of volunteers agreed or agreed strongly while 57% of guests agreed or agreed strongly.

A difference of six percentage points on this question is not great and in light of the fact that most volunteers and guests are churchgoers anyway was not surprising.

Coming here has strengthened my faith:*

Sixty eight percent of volunteers agreed or agreed strongly while 55% of guests agreed or agreed strongly.

This difference of 13 percentage points between the two groups on the question of the café strengthening their faith does show a stronger faith emphasis for the volunteers over the guests. This is not surprising and does show that faith considerations are a possible motivator for the volunteers in a way faith considerations are not for the guests.

Coming here has given me a sense of fulfillment:*

Ninety two percent of volunteers agreed or agreed strongly while 76% of guests agreed or agreed strongly.

This difference of 16% between the two groups on the question of fulfillment indicates that involvement in the ministry as volunteers generates a large fulfillment differential not received by the guests.

I come here for a sense of inner peace:

Sixty three percent of volunteers agreed or agreed strongly while 68% of guests agreed or agreed strongly.

Thirteen percent of volunteers agreed strongly while 30% of guests agreed strongly.*

Although only five percentage points separate the two groups in terms of agreeing or agreeing strongly on the question of inner peace, that difference leaps to 17% when only those who stated they agreed strongly is considered. There seems to be a greater benefit in terms of inner peace for the guests each Wednesday than for the volunteers, however, when the amount of work done by the volunteers at church on Wednesday is considered this may not be surprising.

Coming here has helped me spiritually:*

Sixty two percent of volunteers agreed or agreed strongly while 51% of guests agreed or agreed strongly.

Twenty seven percent of volunteers agreed strongly while 33% of guests agreed strongly.

Finally, on the matter of being helped spiritually, the difference was 11% between volunteers and guests with volunteers affirming such help more strongly than the guests did.

In considering the responses to the survey from both the volunteers and guests of the Wednesday Café it can be seen that while there is commonality between the two groups in terms of what they feel they are receiving from the experience, there are also substantial differences in the strength of the reasons they give for belonging. The motivations of the two groups do seem more spiritually oriented for the volunteers than for the guests who seem more socially oriented in their motivations. The fact that the volunteers are older females who generally attend church weekly reinforces their faith-inspired motivation.³ While many of the same needs, both spiritual and social, are being met by the café, the motivations that bring the two groups together in this ministry are measurably different. This conclusion will now be further tested through an analysis of interviews with both groups.

Hospitality Interviews⁴

Three focus group interview sessions were held to investigate the hospitality ministry qualitatively. There were two sessions with guests, the first with 30 persons and the second with 5 at the place of work for one group that attends every Wednesday. Additionally, 24 volunteers were also interviewed as a group.

The Guests

The guests were overwhelming in their affirmation that the main reason for coming was the sense of community they felt. The words “community” and “fellowship” were the most common words used to describe the cafe experience. People also spoke of a “sense of belonging” that the cafe experience has given them, even though

³ Previous studies (Peddle 2012, Press 2008) have found that worshippers in Anglican congregations in Newfoundland tend to be two thirds female and one third male.

⁴ The Interview Script is attached as Appendix 2.

most of the guests are not formally members of the parish at all. “Knowing everyone” and “meeting people” who are sometimes old friends, sometimes new friends, and sometimes even relatives were all cited as reasons for coming. Others spoke of the “camaraderie” and “atmosphere” and the feeling that they were part of a “family” regardless of where one came from. Other comments included “Once you come here there is a sense of goodness that causes you to reflect on your own role in the community” and “Coming here gives you a sense of belonging; it provides a sense of reflecting on where you are in life.” One person observed that she had “never met a group of people who are so connected.” Someone else stated that they “felt part of the church and part of the community as a whole” through the cafe. The fact that the volunteers seemed to know all the regulars was also appreciated. “Everyone is treated with respect; they really look after the people and make each person feel special.”

In terms of the changes created by the cafe, individuals spoke of a greater sense of love and kindness. As one person said, “You sit at a table with someone who may be shy and you open a conversation with them. It brings a different energy to the table. Conversations happen and you have a new friend when you leave.” People also appreciated the opportunity to contribute through voluntary donations: “By giving a donation, it feels like you are giving to a worthwhile cause, it makes you feel good to do that.” One person observed that, “This is medicine in itself” while another stated that “This is what ministry is all about.” Several commented on the level of energy that was created at the gathering every week. Others stated that it had changed the way she looked at other people because there was “no negativity here and it makes me feel more positive about life.”

Overall, the respondents were not overtly religious in their observations and in fact identified the fact that religion was not pushed as a reason to come although several stated that the experience did make them think about going to church more often. One woman said that she had “... upheld this place and the volunteers in my prayers.”

As for what the guests might want changed the typical response was that no change is necessary. “Don’t change anything ... love the women!” The only possible room for change identified by some of the guests was a side table with more fresh vegetables and fruit with the possibility of salads for those who would prefer a salad for lunch.

The Volunteers

The volunteers spoke repeatedly about the fellowship they felt at the café; indeed “fellowship” was the most common word used to describe their experience. Terms like “one big family” were used to describe the community. “There is a very strong bond in this church among everyone.” “I feel as though this is a family [and] everyone works together.” One person used the word “lifestyle” to describe her involvement, and others spoke of the pride they felt from being one of the volunteers. Others stated that they did not want to miss the Wednesday gathering and if they did they felt that something was absent from their life. As one person stated, it is “part of my faith to be here, if I miss it I feel bad, I feel like something is missing.” The volunteers stated they did feel a new meaning in life through serving others. There was also a sense of pride in the ministry especially when they heard the comments and compliments of those who attended as guests. “It looks good and it makes you feel good seeing a full crowd here every week and [there are] always new faces.” It was also observed that “There is no stress here; this is the opposite of stress.” “It is not something you *have* to do; it is something you

want to do.” The volunteers did not identify any one person as the leader or “boss” but seemed to feel that leadership was a shared responsibility of the group as a whole. As one person observed privately after the interview: “There is no Mother Superior here, that’s why it works.”

Most of the volunteers, like the guests, did not speak overtly of faith as a motivator, however, several did state that the experience made them stronger in their faith. Others spoke of a sense of service to God and to those around them that was their inspiration in the ministry. “In serving others you also serve God.” As one woman noted, “this is faith in action, this is what we are about, what Christianity is all about.” Faith seemed more implicit than explicit among the volunteers as if this type of service had been internalized as simply a way to live out their Christianity in community while offering service to others.

The volunteers did not see much room for change other than an improvement to the physical space that is becoming more crowded as time passes and also asked if transportation could sometimes be provided to those seniors who might not be able to come to the Wednesday Cafe on their own each week.

Analysis and Conclusion

The survey and interviews have upheld the hypothesis that while both volunteers and guests of the Wednesday Café receive social and spiritual benefits, the volunteers are motivated by faith considerations in a way the guests are not. The spiritual benefits were more pronounced for the volunteers than for the guests and were cited more strongly as motivating factors in their participation. The guests tended to cite social benefits more strongly as their reasons for coming.

The volunteers were also distinguished from the guests (not surprisingly) by a greater sense of service and made a stronger connection between Christian faith and service to others. The fact that the main volunteers are exclusively female, making this an example of a women’s ministry in the church, must be proposed as a source of the collegiality and deep, affectionate, bonds among them. Additionally, the fact that no single person is in charge of the ministry but leadership is shared among many creates a deeper quality of commitment among all the volunteers.

This study regarding hospitality ministry at the Parish of the Good Shepherd should be of interest both to those who are members of faith communities and to those who are not because of the way the benefits created in this particular faith community are shared within and beyond the church. This research shows that churches can have a positive social and spiritual impact not only upon their members but upon non-members around them if the link between faith and service is clearly understood and strongly affirmed.

Bibliography

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Appendix 1: The Survey (The third section of Part 2 is derived from *Fisher's Measure of Spiritual Health*)

Hospitality Ministry in a Newfoundland Church: What's Really Happening?
 The Ven. Dr. Geoff Peddle and Ms. Jolene Peters

Part One asks for information about you.
 Please tick (✓) the appropriate box.

- Are you?**
 Male
 Female
- How old are you?**
 Under 20
 20-29 years
 30-39 years
 40-49 years
 50-59 years
 60-69 years
 70 + years
- Where do you live?**
 St. John's
 Mount Pearl
 Other
- Are you?**
 In full time work
 In part time work
 Unemployed
 Student
 Retired
- What is your religious affiliation?**
 Anglican
 Roman Catholic
 United Church
 Pentecostal
 Salvation Army
 None
 Other faith group
- How did you hear about the Café?**
 Church bulletin
 From a neighbor
 Website
 Other
- How often do you attend church (apart from weddings, baptisms and funerals)?**
 Less than once a year
 At least once a year
 At least six times a year
 Once a month
 Twice a month
 Weekly
- Are you a volunteer or guest of this café?**
 Volunteer
 Guest
- Do you come here alone?**
 Yes
 No
- How frequently do you visit the café?**
 Every week
 Several times per month
 Once a month
 This is my first time

Part two asks about experience.
 Please circle one number in each line.
 1 very Low 2 Low 3 medium 4 High 5 very High

- Through your participation in the Café Ministry how much do you experience the following?**
- Love of other people Low 1 2 3 4 5 High
- Respect for others Low 1 2 3 4 5 High
- Kindness towards other people Low 1 2 3 4 5 High
- Meaning in life Low 1 2 3 4 5 High
- Inner peace Low 1 2 3 4 5 High
- Social interaction Low 1 2 3 4 5 High
- Joy in life Low 1 2 3 4 5 High
- Closeness to God Low 1 2 3 4 5 High
- Sense of community Low 1 2 3 4 5 High
- Welcoming environment Low 1 2 3 4 5 High
- Sense of identity Low 1 2 3 4 5 High
- Sense of fulfillment Low 1 2 3 4 5 High
- Personal connection with God Low 1 2 3 4 5 High
- How important do you think each of the following is in the Café Ministry?**
- Community Low 1 2 3 4 5 High
- Sharing Low 1 2 3 4 5 High
- Nourishment Low 1 2 3 4 5 High
- Spirituality Low 1 2 3 4 5 High
- Social interaction Low 1 2 3 4 5 High
- Respect for others Low 1 2 3 4 5 High
- Location Low 1 2 3 4 5 High
- Prayer life Low 1 2 3 4 5 High
- Love of others Low 1 2 3 4 5 High
- Team effort/approach Low 1 2 3 4 5 High

Continued on Reverse...

Sharing in Eucharist beforehand	Low	1	2	3	4	5	High
Hospitality	Low	1	2	3	4	5	High
Commitment	Low	1	2	3	4	5	High
Service to God	Low	1	2	3	4	5	High
In your normal day-to-day life how much do you experience the following?							
A love of other people	Low	1	2	3	4	5	High
Personal relationship with the Divine/God	Low	1	2	3	4	5	High
Forgiveness toward others	Low	1	2	3	4	5	High
Connection with nature	Low	1	2	3	4	5	High
Sense of identity	Low	1	2	3	4	5	High
Worship of the Creator	Low	1	2	3	4	5	High
Awe at a breathtaking view	Low	1	2	3	4	5	High
Trust between individuals	Low	1	2	3	4	5	High
Self awareness	Low	1	2	3	4	5	High
Oneness with nature	Low	1	2	3	4	5	High
Oneness with God	Low	1	2	3	4	5	High
Harmony with the environment	Low	1	2	3	4	5	High
Peace with God	Low	1	2	3	4	5	High
Joy in life	Low	1	2	3	4	5	High
Prayer in life	Low	1	2	3	4	5	High
Inner peace	Low	1	2	3	4	5	High
Respect for others	Low	1	2	3	4	5	High
Meaning in life	Low	1	2	3	4	5	High
Kindness towards other people	Low	1	2	3	4	5	High
A sense of 'magic' in the environment	Low	1	2	3	4	5	High

Part Three: asks how you have felt about volunteering or being a guest at this café. Read each sentence carefully and think: Do I agree?

If you *Agree Strongly* put a ring around AS A NC D DS

If you *Agree* Put a ring around AS NC D DS

If you are *Not Certain* put a ring around AS A D DS

If you *Disagree* put a ring around AS A NC DS

If you *Disagree Strongly* put a ring Around AS A NC D DS

What is your reason for being part of the café?

To Get a good meal AS A NC D DS

To enjoy the atmosphere AS A NC D DS

To serve others in need AS A NC D DS

To serve God AS A NC D DS

Because friends and family come AS A NC D DS

How have you felt about volunteering or being a guest in this café ministry?

I would recommend this café ministry to others AS A NC D DS

Coming here has made me want to attend Church more often AS A NC D DS

I want to come here as part of a weekly Outing AS A NC D DS

I come here for the social interaction AS A NC D DS

Coming here has strengthened my faith AS A NC D DS

Coming here has given me a sense of fulfillment AS A NC D DS

Coming here has given me a sense of community AS A NC D DS

Coming here has strengthened my relationship to others AS A NC D DS

Coming here has given me a deeper appreciation and understanding of others AS A NC D DS

I come here for the sense of inner peace AS A NC D DS

Coming here has helped me spiritually in ways attending a local place of worship does not always help me AS A NC D DS

Appendix 2. The Interview Script

Interview Script with Prompts for Hospitality Ministry (For Guests)

Motivation (What keeps you coming back?)

How did you start coming to the Wednesday Cafe?

What is your reason for being part of the Wednesday Café?

Anything in particular that inspires you to come?

Anyone in particular who inspires you to come?

What is the most important part of the Cafe Ministry, the meal or the fellowship?

What do you like best/least about the Cafe?

Outcomes

Through being part of the Wednesday Cafe have you been changed in any way? How?

Do you feel a new personal fulfillment, sense of identity, sense of community, joy?

Do you feel greater: love for others, respect for others, kindness for others?

Through being part of the Wednesday Cafe has your faith been changed in any way?

Do you feel closer to God?

Do you feel a new meaning in life, sense of inner peace, desire to grow spiritually,

The Future

If you could change one thing about the Café Ministry what would it be?

Interview Script with Prompts for Hospitality Ministry (For Volunteers)

Motivation (What keeps you coming back?)

How did you start coming to the Wednesday Cafe?

What is your reason for being part of the café?

How would you describe your role?

Where does your energy come from for this ministry?

From God?

From within?

From others?

Anything in particular that inspires you to come?

Anyone in particular who inspires you to come?

What is the most important part of the Cafe Ministry, the meal or the fellowship?

What is more important to you in this Ministry, service to God or service to others?

What do you identify with most strongly, the Parish of the Good Shepherd or the Diocese of Eastern Newfoundland and Labrador?

Why?

What do you like best/least about this ministry?

Outcomes

Through your participation in the Café Ministry have you been changed in any way? How?

Do you feel a new personal fulfillment, sense of identity, sense of community, joy?

Do you feel greater: love for others, respect for others, kindness for others?

Through your participation in the Café Ministry has your faith been changed in any way?

Do you feel closer to God?

Do you feel a new meaning in life, sense of inner peace, desire to grow spiritually,

The Future

If you could change one thing about the Café Ministry what would it be?